

Reception	Fine Motor skills	Fundamental Movement Skills 1	Object manipulation 1	Invasion Game Skills 1	Striking & Fielding Game Skills 1	An encounter with Pirates
	Locomotion 1	Dance - Nursery Rhymes	A Day on the Farm	Gym - Rocking & Rolling	Target Games 1	Fantasy Fairy Tale

Year One	Fundamental Movement Skills 2	Dance - Animals	Target Games 2	Net & Wall Game Skills 1	Yoga Storybook	Striking & Fielding Game Skills 2
	Gymnastics - Balancing & spinning on Points & Patches	Invasion Game Skills 1	Gymnastics - Pathways - small & long	Dance - Mini Beasts	Object Manipulation 2	Athletics 2

Year Two	Fundamental Movement Skills 3	Dance - Pirates	Dance - Under the Sea	Gymnastics - Spinning, turning & twisting	Striking & Field Game Skills 2	Athletics 2
	Gymnastics - Pathways: straight, zipzag & curving	Net & Wall Game Skills 2	Target Games 3	Yoga	+	+

Year Three	Tag Rugby	Dance - Space	Yoga	Athletics	Gymnastics - Receiving body weight	Cricket
	+	Swimming	Invasion Game Skills 3	Gymnastics - Linking movements together	Netball	OAA

Year Four	Rounders	Dance - Dance Around the World	Swimming	Swimming	Gymnastics - Arching and bridges	Tri Golf
	Football	Health Related Fitness	Hockey	OAA	Dodgeball	Netball

Year Five	Yoga	Dance - British Values	OAA	Gymnastics - Partner work - under and over	Athletics	Tennis
	Cricket	Flag Football	Gymnastics - Matching, mirroring & contrast	Invasion Game Skills 4	Team Building and Problem Solving	Rounders

Year Six	Lacrosse	Football	Hockey	Gymnastics - Counter-balance & counter tension	Dodgeball	Rounders
	Netball	Dance - Dance through the ages	Leadership	Health Related Fitness	Team Building and Problem Solving	Swimming